

## SYMPTOMS OF SPINAL MISALIGNMENT QUESTIONNAIRE

"The nervous system controls and coordinates all organs and structures of the human body." (Gray's Anatomy, 29th Ed., page 4). Misalignments of spinal vertebrae and discs may cause irritation to the nervous system and affect the structures, organs, and functions which may result in the conditions shown below. Please help us help you by placing a check mark in the appropriate box under the "Possible Effects" column to indicate your symptoms.

	Vertebrae	Areas Controlled by Nerves*	Possible Effects of a Malfunction
<p>ATLAS AXIS</p> <p>CERVICAL SPINE</p> <p>1st THORACIC</p> <p>THORACIC SPINE</p> <p>1st LUMBAR</p> <p>LUMBAR SPINE</p> <p>SACRUM</p> <p>COCCYX</p>	<p>1C</p> <p>2C</p> <p>3C</p> <p>4C</p> <p>5C</p> <p>6C</p> <p>7C</p> <p>1T</p> <p>2T</p> <p>3T</p> <p>4T</p> <p>5T</p> <p>6T</p> <p>7T</p> <p>8T</p> <p>9T</p> <p>10T</p> <p>11T</p> <p>12T</p> <p>1L</p> <p>2L</p> <p>3L</p> <p>4L</p> <p>5L</p> <p>SACRUM</p> <p>COCCYX</p>	<p>Blood supply to the head, pituitary gland, scalp, bones of the face, brain, inner and middle ear, sympathetic nervous system.</p> <p>Eyes, optic nerves, auditory nerves, sinus, mastoid bones, tongue, forehead.</p> <p>Cheeks, outer ear, face bones, teeth, trifacial nerve.</p> <p>Nose, lips, mouth, eustachian tube.</p> <p>Vocal cords, neck glands, pharynx.</p> <p>Neck muscles, shoulders, tonsils.</p> <p>Thyroid gland, bursae in the shoulder, elbows.</p> <p>Arms from the elbows down, including hands, wrists, and fingers; esophagus and trachea.</p> <p>Heart, including its valves and covering; coronary arteries.</p> <p>Lungs, bronchial tubes, pleura, chest, breast.</p> <p>Gall bladder, common duct.</p> <p>Liver, solar plexus, blood.</p> <p>Stomach.</p> <p>Pancreas, duodenum.</p> <p>Spleen.</p> <p>Adrenal and supra-renal glands.</p> <p>Kidneys.</p> <p>Kidneys, ureters.</p> <p>Small intestines, lymph circulation.</p> <p>Large intestines, inguinal rings.</p> <p>Appendix, abdomen, upper leg.</p> <p>Sex organs, uterus, bladder, knees.</p> <p>Prostate gland, muscles of the lower back, sciatic nerve.</p> <p>Lower legs, ankles, feet.</p> <p>Hip bones, buttocks.</p> <p>Rectum, anus.</p>	<p><input type="checkbox"/> headaches, <input type="checkbox"/> nervousness, <input type="checkbox"/> insomnia, <input type="checkbox"/> head colds, <input type="checkbox"/> high blood pressure, <input type="checkbox"/> migraine headaches, <input type="checkbox"/> nervous breakdowns, <input type="checkbox"/> annesia, <input type="checkbox"/> chronic tiredness, <input type="checkbox"/> dizziness.</p> <p><input type="checkbox"/> sinus trouble, <input type="checkbox"/> allergies, <input type="checkbox"/> crossed eyes, <input type="checkbox"/> deafness, <input type="checkbox"/> eye troubles, <input type="checkbox"/> earache, <input type="checkbox"/> fainting spells, <input type="checkbox"/> vision difficulties.</p> <p><input type="checkbox"/> neuralgia, <input type="checkbox"/> neuritis, <input type="checkbox"/> acne or pimples, <input type="checkbox"/> eczema.</p> <p><input type="checkbox"/> hay fever, <input type="checkbox"/> hearing loss, <input type="checkbox"/> adenoids.</p> <p><input type="checkbox"/> laryngitis, <input type="checkbox"/> hoarseness, <input type="checkbox"/> sore throats, <input type="checkbox"/> quincy.</p> <p><input type="checkbox"/> stiff neck, <input type="checkbox"/> pain in upper arm, <input type="checkbox"/> tonsillitis, <input type="checkbox"/> whooping cough, <input type="checkbox"/> croup.</p> <p><input type="checkbox"/> bursitis, <input type="checkbox"/> colds, <input type="checkbox"/> thyroid conditions.</p> <p><input type="checkbox"/> asthma, <input type="checkbox"/> cough, <input type="checkbox"/> difficult breathing, <input type="checkbox"/> shortness of breath, <input type="checkbox"/> pain in lower arm, <input type="checkbox"/> pain in hands.</p> <p><input type="checkbox"/> functional heart conditions, <input type="checkbox"/> chest conditions.</p> <p><input type="checkbox"/> bronchitis, <input type="checkbox"/> pleurisy, <input type="checkbox"/> pneumonia, <input type="checkbox"/> congestion, <input type="checkbox"/> influenza.</p> <p><input type="checkbox"/> gall bladder conditions, <input type="checkbox"/> jaundice, <input type="checkbox"/> shingles.</p> <p><input type="checkbox"/> liver conditions, <input type="checkbox"/> fevers, <input type="checkbox"/> low blood pressure, <input type="checkbox"/> anemia, <input type="checkbox"/> poor circulation, <input type="checkbox"/> arthritis.</p> <p><input type="checkbox"/> stomach troubles, <input type="checkbox"/> nervous stomach, <input type="checkbox"/> indigestion, <input type="checkbox"/> heartburn, <input type="checkbox"/> dyspepsia.</p> <p><input type="checkbox"/> ulcers, <input type="checkbox"/> gastritis.</p> <p><input type="checkbox"/> low resistance to colds and disease.</p> <p><input type="checkbox"/> allergies, <input type="checkbox"/> hives.</p> <p><input type="checkbox"/> kidney troubles, <input type="checkbox"/> hardening of the arteries, <input type="checkbox"/> chronic tiredness, <input type="checkbox"/> nephritis, <input type="checkbox"/> pyelitis.</p> <p><input type="checkbox"/> acne, <input type="checkbox"/> pimples, <input type="checkbox"/> eczema, <input type="checkbox"/> boils.</p> <p><input type="checkbox"/> rheumatism, <input type="checkbox"/> gas pains, <input type="checkbox"/> sterility.</p> <p><input type="checkbox"/> constipation, <input type="checkbox"/> colitis, <input type="checkbox"/> dysentery, <input type="checkbox"/> diarrhea, <input type="checkbox"/> ruptures, <input type="checkbox"/> hernias.</p> <p><input type="checkbox"/> cramps, <input type="checkbox"/> difficult breathing, <input type="checkbox"/> acidosis, <input type="checkbox"/> varicose veins.</p> <p><input type="checkbox"/> bladder troubles, <input type="checkbox"/> menstrual troubles such as painful or irregular periods, <input type="checkbox"/> miscarriages, <input type="checkbox"/> bed wetting, <input type="checkbox"/> impotency, <input type="checkbox"/> change of life symptoms, <input type="checkbox"/> knee pains.</p> <p><input type="checkbox"/> sciatica, <input type="checkbox"/> lumbago, <input type="checkbox"/> difficult, painful, or too frequent urination, <input type="checkbox"/> backaches.</p> <p><input type="checkbox"/> poor circulation in the legs, <input type="checkbox"/> swollen ankles, <input type="checkbox"/> weak ankles and arches, <input type="checkbox"/> cold feet, <input type="checkbox"/> weakness in the legs, <input type="checkbox"/> leg cramps.</p> <p><input type="checkbox"/> low back pain, <input type="checkbox"/> spinal curvature.</p> <p><input type="checkbox"/> hemorrhoids (piles), <input type="checkbox"/> pruritis (itching), <input type="checkbox"/> pain at end of spine on sitting.</p>

\* Directly or indirectly controlled

For further explanation of the conditions shown above, and information about those not shown, ask your Doctor of Chiropractic